

*The Vermont Center for Family Studies Announces the*

# **Theory into Practice CONSULTATION GROUP**

---

**12 Monthly Meetings (May 2010 - May 2011):**

May 10, June 7, July 12, August 9, September 20, October 18,  
November 15, December 13, January 24, March 7, April 11, May 9

**Mondays, 6 PM - 9 PM**

2 Church Street, Suite 4D, Burlington, VT 05401

---

**Bowen Family Systems Theory offers a conceptual space for gaining objectivity in the midst of challenging life circumstances and relationships, to anyone who is interested in learning.** Objectivity helps a person see opportunities for choosing behaviors that are respectful of self and others in the long term.

**This monthly Consultation Group offers participants:**

- a forum for discussing the application of Bowen Family Systems Theory to relationships of importance to them.
- focus on gaining objectivity about one's own part in relationship systems.
- a small group context in which to learn not only from one's own efforts but also from hearing about parallels and differences in others' work applying theory.

**The group is limited to five participants to allow opportunity for in depth interaction. It is structured for each individual to think theoretically about practical relationship dilemmas in dialogue with the group leader.** (This is not a support group where participants offer advice to each other.)

- During each meeting, an average of three participants have 30 - 45 minutes to present issues of their choosing in dialogue with the group leader.
- Listeners have an opportunity to share reflections on aspects of their own efforts triggered by the presentation, also in dialogue with the group leader.

*Dr. Monika Baege is a faculty and board member of VCFS. She has a private counseling and consultation practice in Burlington. Her interest areas include resiliency and Bowen family systems theory.*

# REGISTRATION

## Theory into Practice CONSULTATION GROUP

### 12 Monthly Meetings (May 2010 - May 2011):

May 10, June 7, July 12, August 9, September 20, October 18,  
November 15, December 13, January 24, March 7, April 11, May 9

**Mondays, 6 PM - 9 PM**

2 Church Street, Suite 4D, Burlington, VT 05401

**Please note that permission of the instructor is required** to join this consultation group. Contact Dr. Monika Baege at (802) 872-1818.

**To register**, please fill out this form, and mail it by May 1, 2010 with a check made payable to VCFS to:

Consultation Group  
Vermont Center for Family Studies  
P. O. Box 5124  
Essex Junction, Vermont 05453-5124

Fee (check one):                           **\$45** Pay Per Monthly Meeting (1<sup>st</sup> meeting fee enclosed)  
          **\$480** Pay for all 12 meetings by May 1, 2010

Refunds, minus a \$5 administrative fee, are available until May 1, 2009

A Certificate of Attendance will be offered to participants, which can be submitted to licensing boards for Continuing Education Credits.

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Phone: Home ( ) \_\_\_\_\_ Office ( ) \_\_\_\_\_

Email Address \_\_\_\_\_

*For further information, contact Dr. Monika Baege, EdD, LCMHC at (802) 872-1818*

*Vermont Center for Family Studies Website: [www.vtcfs.org](http://www.vtcfs.org)*