

THE VERMONT CENTER FOR FAMILY STUDIES IS PLEASED TO ANNOUNCE:

# SEVERE STRESSORS AND FAMILY SYSTEMS

... a day with Daniel V. Papero, PhD, MSSW

**A**s extremely stressful life events are experienced, what is the function of family in coping with the effects?

To understand the lasting impact of trauma, Bowen family systems theory widens the lens beyond the effect on the individual to the chain of responses throughout the family emotional system. It explores the conditions that may increase or decrease the development of chronic symptoms. A family systems view offers fresh perspectives on treatment approaches and rallying points for action.

The Bowen theory may provide some direction in thinking about how the family and society play a role both in the vulnerability to PTSD and to its resolution. Chronic anxiety is both a characteristic of the individual and of relationship systems and may help expand perspective on the nature of PTSD.

A difficult and complex question raised by Bowen theory is the following: Do the traumatic event and its effects on the person "cause" the expression of symptoms in the person, or are the symptoms also an expression of current situations. The former viewpoint suggests that the traumatic experience represents a sufficient condition in itself to explain PTSD, and the latter suggests that it may be a necessary but not sufficient condition, i.e. that it is only one of a number of necessary factors required for the emergence of PTSD. Dr. Papero will explore this question in his presentation.

**Dr. Daniel V. Papero** has been a faculty member at the Bowen Center for the Study of the Family in Washington D. C. for over 20 years. He lectures frequently to groups around the country. He is best known for his book *Bowen Family Systems Theory*. He maintains an active practice of psychotherapy, clinical supervision, and business consultation in the Washington area and across the United States.



**Friday, March 30, 2012**

**9:00 AM - 4:00 PM**

**Registration at 8:30 AM**

**Best Western Windjammer  
Conference Center**

**1046 Williston Road at Dorset Street  
Burlington, VT 05401**

# REGISTRATION

## Severe Chronic Stress & Family Systems

A Day With Daniel V. Papero, PhD, MSSW

Friday, March 30, 2012 9:00 am - 4:00 pm

Lunch Break: 12:30 to 2:00 pm. A videotape will be shown from 1:00 to 2:00 pm.

To register, please fill out this form, and mail it with a check made payable to VCFS to:

Vermont Center for Family Studies  
Papero Conference  
PO Box 5124  
Essex Junction, VT 05453-5124

check one:

- \$85 Registration by March 23, 2012
- \$95 At the Door
- \$65 For each of 2 members of the same family; or each of 3 members of the same agency submitted together by April 8, 2011
- \$65 Senior citizen (62 or older) or student (full time or in a formal program of study)

Continuing Education Units will be available for Psychologists, Mental Health Counselors and Clinical Social Workers.

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone: Home \_\_\_\_\_ Office \_\_\_\_\_

Email \_\_\_\_\_

Register online at: [www.vermontcenterforfamilystudies.org](http://www.vermontcenterforfamilystudies.org)

Or call Ann D. Bunting, PhD, at 802.863.5536  
or Erik Thompson, MA, at 802.658.4800